



Young & Alive
INITIATIVE

RISING

2021 ANNUAL REPORT



Young & Alive
INITIATIVE

Published by Young And Alive Initiative

Young And Alive Initiative (YAI) is a feminist and youth-led non-governmental organisation based in Tanzania. YAI is registered by the MoHCDGC with registration number 000NGO/00009083.

Prepared and designed by YAI staff.

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WORD FROM A CEO

There is an African proverb that states, "what doesn't kill you makes you stronger." Following the 2020 "Year of Resilience," we are now sharing our experiences from the 2021 "Rising Year," with much to share about our journey. We did not accomplish these achievements alone, and we are thankful and grateful to our partners and friends for joining us and supporting us through this year.



Throughout the years, we have learned many lessons and experienced various outcomes, achievements, and impactful results, but we also faced challenges and setbacks. Most of our achievements relied on the areas that we invested in with passion and frequently evaluated ourselves. These areas include Sexual reproductive health and rights, Gender equality, Youth engagement, HIV/AIDS, Economic Freedom, Youth and Women political participation, and other cross-cutting issues.

YAI's process for achieving these accomplishments involved being uncomfortable in new spaces, stretching ourselves, learning digital transformation, being more innovative, leveraging storytelling, contextualizing the ideology SRHRJ, maintaining outstanding performance in the SRHR spectrum, advanced smart advocacy, youth engagement and centralization, capacity strengthening, mentorship, and identifying more youth needs to achieve SRHRJ.

We are committed to continuing our work and doubling our efforts from this year. We are ready to make 2022 a shining year after raising the bar we have set for ourselves. We will continue to define our politics, ideology, and maintain our passion, invest in our professionalism, and look forward to more collective achievements through partnership.

We extend our warm thanks to the YAI team, management, and board members for their remarkable engagement and support, along with their passionate volunteerism. Congratulations to our partners, funders, and friends for their patience, flexibility, and understanding, resulting in a fruitful 2021.

This is our RISING YEAR 2021.

A handwritten signature in black ink, appearing to read 'Sesilia Shirima'.

Sesilia Shirima



ABOUT US

We are a community of young professionals, passionate about advancing Sexual Reproductive Health and Rights within our societies and beyond. Since 2017, we operate as a non-profit feminist organization, registered in Tanzania by the name, Young And Alive Initiative.

Our vision is to see a society where young people have full access to and complete choice of Sexual Reproductive Health information and Services and can exercise their rights.

We are doing that by mobilising adolescents and youth for solid and supportive Sexual Reproductive Health & Rights systems.

Our approach is leveraging our own talents and skills such as innovation, art, and ICT to advocate, build capacity, and change behaviours to ensure youth's access to Sexual Reproductive Health and Rights services and information.



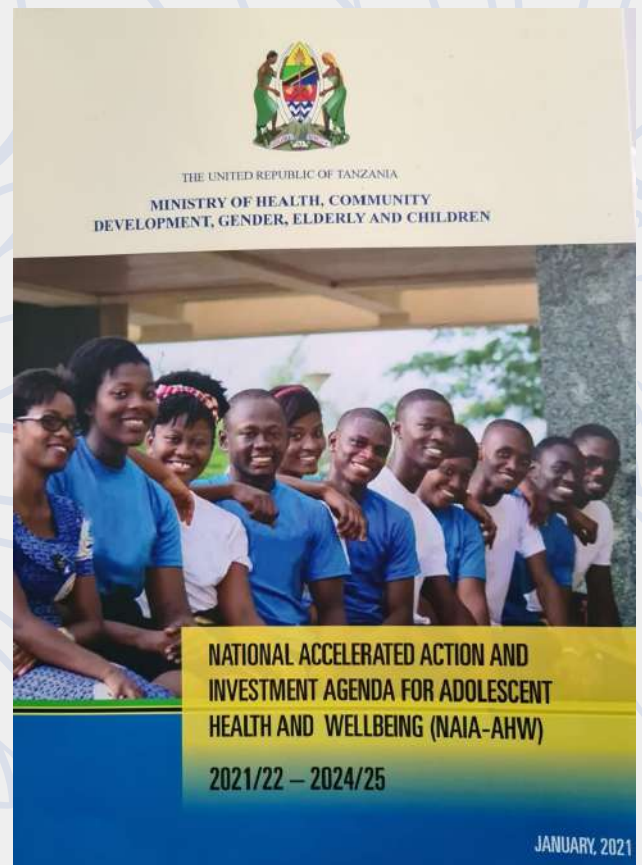
LANDSCAPE ANALYSIS

2021 Tanzania was taking its way building on the second era of the fifth Government, Unfortunately, we had an emergency shift to the 6th Government after the death of the 5th President. The 6th Government came with hope under our first female president Hon. Samia Suluhu Hassan. Young and Alive is a youth-led organization championing women's rights, though we are in the very right time to bring about positive changes, it's at this time we were invited by the Ministry of health, gender, elderly and children to the official launch of the National Accelerated Investment Agenda for Adolescent Health 2019/21- 2024/25.

During this period we have been able to run a very engaging media campaign, and we learned Tanzania as a nation was on its way to reviewing the National school health program, understanding this context, we built on our advocacy objective towards including comprehensive sexuality education in the National School Health Program, with that YAAI and Chagua coalition members were able to work with the Ministry of Health, through the adolescent and gender director to host an advocacy meeting and a task force that involved Tanzania Institute of Education, Ministry of Health, Community Development, Elderly and Children, and the Tanzania Institute of Nutrition.

REMARKABLE RISING POINTS (ACHIEVEMENTS)

In 2021 We worked on the following thematic areas; Sexual reproductive health and rights; Gender equality; Youth engagement; HIV/ AIDS; Economic Freedom; and Youth and Women political participation.



From the period of April 2021 to September 2021 we have successfully mapped 23 adolescent young girls and women in all 23 wards in Makete district and capacitated them with HIV/AIDS smart advocacy skills and tips to engage with decision-makers. Also through the skills given to the adolescent young girls and women, we were able to attend the advocacy meeting and raise issues on the HIV/AIDS management from the district and the issue addressed were as follow;

MSICHANA KIONGOZI - MAKETE

1

The inadequacy of PMTCT and CTC clinics in wards including Kipagalo and Isaprano, the unit addressed as they have 45 PMTCT stations in the ward which is 75% of the total CTC clinics in the region which are in total of 57 stations.

2

In schools SRH/AIDS education provision is to be assisted by the district RCH/AIDS coordinating unit, and the unit agreed to set a budget to support girls and the district health promotion unit to conduct in-school sessions at lists twice each month.

3

The issue of civic engagement in the wards and district health plans, and the District medical office addressed that they have set three positions for representative community members to engage in the wards health plans in each ward, and in between the three one is set for young and is prioritized to AGYW, and so all 23 AGYW are encouraged to take over the opportunity.





MSICHANA KIONGOZI - MAKETE

Msichana Kiongozi is the continuation of the *Her Story, My Story* project under her voice fund 2020. That involved adolescent young girls and women in advocacy workshops and advocacy work that led to them being invited to the comprehensive council of health plans at the ward and district level. Our program advisor Antonia Otuck who was the focal point of young adolescent young girls and women led the conversation on HIV and Young people in social media also curating and narrating stories of 6 adolescent young girls and women as they were collected last year in the Makete District.



FAMILY PLANNING ADVOCACY THROUGH DEMOGRAPHIC DIVIDEND

10

Youth-led organizations
built a consensus on
Family Planning &
Demographic Dividend
advocacy

The advocacy objective was by April 2021, for leaders of 10 youth-led organizations in Dodoma region, to adopt the National Demographic Dividend roadmap as a platform for engaging communities to champion increased access to contraceptive information and services as the key towards fertility transitioning. The other objective was by April 2021, the Ministry of Health, Community Development, Gender, Elderly, and Children will incorporate the review of the National School Health Program, to include Comprehensive Sexuality Education for the purpose of strengthening adolescent and youth understanding of reproductive health issues, as an activity within their Five Years Strategic Plan.

Activities conducted included a random assessment of the Youth-led organizations and their understanding of the demographic dividend and SMART Advocacy which was followed by advocacy workshops on the demographic dividend, Sexual reproductive health and rights/ Family planning and Smart Advocacy, and later the review of the Youth-led organization's work plans and integration of demographic narrative in their work plans. Other activities included a baseline survey on the current national school health program and its gaps which was followed by a meeting with the National School Health program coordinator.

We were able to review the current NSHP and identify gaps in the National school health program. Some of the gaps have been outlined in the policy brief, and with that, we gained commitment from the NSHP coordination unit to get involved in the review and drafting of the new NSHP which is to commence in 2022.



In partnership with the African Women Development and Communication Network, with our expertise in SMART advocacy, sexual and reproductive health, and rights and gender issues, we were able to conduct capacity development for 10 women's rights organizations, and 17 media partners.

CHAGUA PROJECT

YAI CHAMPIONS FELLOWSHIP

With funding from Amplifychange we worked with a youth consultant to develop the sexual and reproductive health and rights curriculum that covered three sexual and reproductive health and rights leadership tracks which are service delivery, social entrepreneurship, and SMART advocacy. This curriculum will be used to train young leaders who will be selected from across Tanzania so that they can become champions of sexual and reproductive health.

By the end of 2021, we organized a press conference as part of the demand creation to invite young people to join a young and alive fellowship program that aims to build leadership capacity to young people in three sexual and reproductive health and rights tracks.



15

YAI
Champions
Selected &
Trained

YOUNG MOTHERS IN COMMUNITY HEALTH

We are doing capacity development and mentorship on sexual and reproductive health and social entrepreneurship to 25 young mothers in the Mbagala district where currently we are still mentoring their growth in economic freedom and justice.



WOMEN IN POLITICAL PARTICIPATION PROJECT

The overall goal of this project is to increase the political participation and representation of women in Africa, in line with the Maputo Protocol of 2003, various associated sub-regional protocols and standards, and the Sustainable Development Goals.



In partnership with African Women Development and Communication Network(FEMNET), Tanzania Media Women Association (TAMWA),Crisis Resolving centre (CRC) and Young and alive initiative we organized women and political participation dialogues in Mtwara, Dodoma, Mwanza, Arusha and Zanzibar to challenge harmful practices that hinders women political participation in Tanzania. The outcomes of these include the following.

WOMEN IN POLITICAL PARTICIPATION



1

30 Women Counselors including young women and women politicians benefited directly in the Political Party Dialogue Session held in Mtwara.

2

30 participants received insightful training at the Academy and passed key resolutions on their political endeavors in Dodoma.

3

The issue of civic engagement in the wards and district health plans, and the District medical office addressed that they have set three positions for representative community members to engage in the wards health plans in each ward, and in between the three one is set for young and is prioritized to AGYW, and so all 23 AGYW are encouraged to take over the opportunity.

4

YAI and partners conducted an academy to cover modules including communications in politics, branding, safeguarding and resources mobilization strategies to young women leaders.



MAPOKEZI THE PODCAST

We were able to produce 10 series of Mapokezi podcasts featuring interviews with influential people in Tanzania and decision makers. The podcast series started with adolescent girls who are also young mothers, members of youth and women led organizations, we also invited influential people including famous actress and actors in bongo movies industries whose content speak to sexual and reproductive health needs of young people in Tanzania, we also invited doctors and experts in sexual and reproductive health and rights. The interviews were very insightful bringing contexts of teenage pregnancy stories and impacts of toxic masculinity.

We also made short video clips of the interesting parts of the podcasts sessions and drew infographics and social media messages from them. We also created factsheets and leaflets and stories that we used in running our social media campaign. The Mapokezi podcast aimed at challenging harmful norms and perceptions that hinders young people's access to sexual and reproductive health.

We developed a nipe changu campaign to complement the generational equality forum .We worked with our artist Ammy Chiba, Miss Geezy and Siana to write a song that condemns violence against girls and women. The song Nipe Changu was later promoted through a traditional media campaign and social media campaign that reached more than 10000 people across Tanzania.

"NIPE CHANGU" CAMPAIGN



Ammy Chiba X Miss Geez X Siana - Nipe Changu (Tanzania's Feminist Anthem)

INTERNATIONAL DAY OF A GIRL CHILD



The International day of a girl child is celebrated each year on October 11th. The theme for the international day for girl children was “digital generation. Our generation”. The young and alive team visited the Buguruni Primary school deaf and met more than 60 students and provided general information about digital literacy and especially how to access the right sexual health information on social media platforms.



Young and Alive Initiative was invited by the Africa Reflection Foundation in Tanzania to attend the launch of Kunene primary school in Kunene village of Mkuranga district. The Africa Foundation Reflection says “Every child deserves an opportunity to receive a quality education and hope for a better future”. This event was attended by district commissioners, Ministers and other diplomats in Tanzania.

MTOTO WA MKURANGA ELIMU KWANZA



TAMIDA DAY



Tamida is a medical student association of Tanzania and Denmark that works to provide sexual and reproductive health education among young people.

Young and Alive Initiative together with other partners were invited to attend the Tamida day aiming to celebrate the work that Tamida is doing in Tanzania. This event was attended by a number of partners including the members of civil society organizations and governments.

The international day of menstrual hygiene is celebrated each year on May 28th. The theme of 2021 was “Action and Investment in Menstrual Hygiene and Health”.

Young and Alive joined the Peace Life Disability Foundation (PLDF) to provide menstrual hygiene education to a group of 70 students at the Biguruni primary school of deaf students. During this visit we learnt the importance of developing inclusive tools for providing sexual and reproductive health education.

INTERNATIONAL DAY OF MENSTRUAL HYGIENE



GENERAL MEETING OF FEMNET

Young and alive initiative is the member of the FEMNET since 2019. As the members we are obligated to sit for the general meeting that happens after four years according to the constitution. In November 2021 we were invited for the first time to be part of the process including the main General meeting and election. YAI subscribed into the membership as the feminist youth led organization works on the SRHR with youth and women. Our Chief executive Officer - Sesilia Shirima applied to be a board member but she didn't succeed. The board members were selected from different regions of Africa with youth representation which also considers people with disability. The meeting comes with commitment including making more visibility of its members through working together in the different projects.

INTERNATIONAL DAY OF MENSTRUAL HYGIENE

Sauti Mpya is a project under Tanzania Bora organization with the help of their lead partner we world Tanzania together with all its partners took place on the 10th and 11th. Sauti Mpya aims to highlight human rights issues. We were represented by our communication officer Neema Mwalami and we participated and showcased our organization activities throughout the two days event as well as networking with other organizations who were also invited. take chance in participating in different activities designed to shine a light on the fundamental and basic human rights to facilitate a rich exchange among organizations working on the same issue and create safe spaces for claiming especially youth and women engagement



STAFF

At the end of this year we welcomed new people in our team Clara Maliwa program officer and Neema Mwalami communication officer and sadly we had to say our goodbyes to our beloved members who have been with us for long Ninabina Davie and Hance Njobero who moved to other organizations and continue to be our advisors and friends.



SESILIA SHIRIMA
C.E.O



WILLIAM OTUCK
MANAGING
DIRECTOR



INNOCENT GRANT
PROGRAMS
DIRECTOR



PRISCA STAMBULI
ACCOUNTANT



CLARA MALIWA
PROGRAM OFFICER



NEEMA MWALAMI
COMMUNICATIONS
OFFICER



IRENE MWANJALA
ADMINISTRATOR -
DAR OFFICE



MWINYIHIJA JUMA
CREATIVE DIRECTOR



SALUM MSUYA
ADMINISTRATOR -
MBEYA OFFICE

FINANCES

YOUNG AND ALIVE INITIATIVE INCOME AND EXPENDITURE STATEMENT FOR THE YEAR ENDED 31 DECEMBER 2021

Financial statements for the year ended 31 December 2021

Fund Accountability statement

	Notes	2021 TZS '000'	2021 TZS '000'
Balance brought forward		44,237	127,609
Income received			
Grants to YAI	4	343,110	156,391
Other income	5	158	-
Total Income		387,506	284,000
Expenditure			
Operational Costs	6	91,898	42,745
Project Activities	7	168,449	197,018
Refund to Donors	8	15,911	-
Total Expenditure		276,258	239,793
Surplus/(Deficit) for the period		111,248	44,237
Represented by:			
Cash at bank		99,855	34,532
Cash at hand		-	-
Commitments (accruals)		(2,360)	(5,000)
		97,495	29,532

Our Donors



AMPLIFYCHANGE





Young & Alive INITIATIVE



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